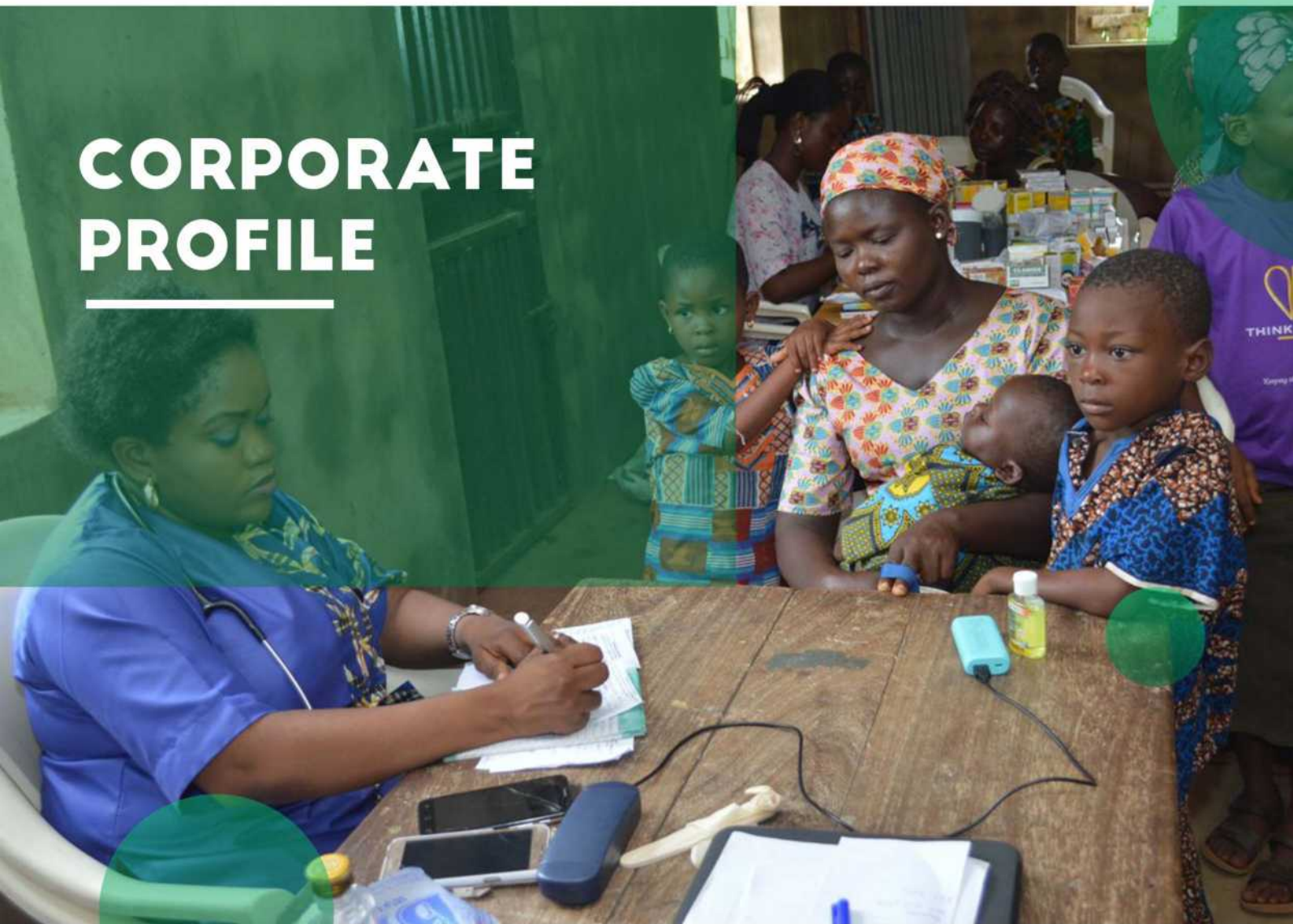




# WELLNESS AFRICA FOUNDATION

## CORPORATE PROFILE



[www.waf.org.ng](http://www.waf.org.ng)



@WAFonline



@WAFonline



Wellness Africa  
Foundation



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## ABOUT WELLNESS AFRICA FOUNDATION

Wellness Africa Foundation (WAF) is a non-governmental organization committed to Sustainable Development Goal 3 (Good health and Wellbeing) and duly incorporated with the Corporate Affairs Commission (CAC) of Nigeria

### Vision

To improve health outcomes in Africa through sustainable initiatives.

### Mission

To facilitate community health outreaches to under-served, while also promoting adolescents and youth reproductive health (AYRH)..

### THEMATIC AREAS/ PROGRAMMES / PROJECTS

#### Adolescent Health

- Breast Cancer Awareness School Outreach (BCASO)
- Sexual Matters of Adolescents Responsibly Taught (SMART)
- Reusable Sanitary Pad-making Training

#### Health Education and Promotion

- Alake Adedotun Gbadebo Health Initiative (Alake Cares)
- Community Health Outreach
- Conference on Maternal and Child Health
- Roundtable Dialogue on Community Health
- Know Your Status

#### Malaria Prevention and Control

- Youths Against Malaria

#### International Student Exchange Programme

- Summer Undergraduate Internship

### NETWORKS (OGUN STATE )

- 1) ACOMIN (Civil Society for Malaria Control, Immunization and Nutrition)
- 2) CISHAN (Civil Society on HIV/AIDS in Nigeria)
- 3) CSCSD (Civil Society Coalition on Sustainable Development)



# Aims and Objectives of Wellness Africa Foundation



## The aims and objectives of Wellness Africa Foundation cut across 8 of the 17 SDGs:



Promotion of good health and wellbeing practices through health education, community medical outreaches.



Facilitation of economic empowerment programmes to eradicate poverty



Improvement in household food security and reduction of hunger by increasing awareness on asset (land) ownership by women, training on postharvest handling to reduce food loss, encourage use of nutritious and bio-fortified seeds/ seedlings, and other quality inputs .



Capacity building for farmers, farmers' households, youths and women to enhance on-farm, off-farm and non-farm economic activities for improved livelihood; as well as training of micro, small and medium scale enterprises and promotion of rural youth livelihood programmes



Provision of clean water at rural communities for household use.



Awareness creation on hygiene, clean environment and sanitation to promote healthy communities and forestall environmental pollution and degradation as well as to prevent disease outbreaks.



## Aims and Objectives of Wellness Africa Foundation

The aims and objectives of Wellness Africa Foundation cut across 8 of the 17 SDGs:



Support for initiatives that encourage use of solar energy and environmentally friendly and sustainable sources of energy for household use, rural electrification, farm irrigation etc.



Engagement in enlightenment campaigns on climate action, including climate change adaptation and mitigation measures, and climate smart agriculture.



Strategic partnership to promote noble causes that contribute to the wellness of Nigerians and Africans as a whole.





ROUNDTABLE DIALOGUE ON STRENGTHENING EGBALAND'S  
COMMUNITY HEALTH CARE SYSTEM

Some of the top Functionaries of the Ogun State Health Sector





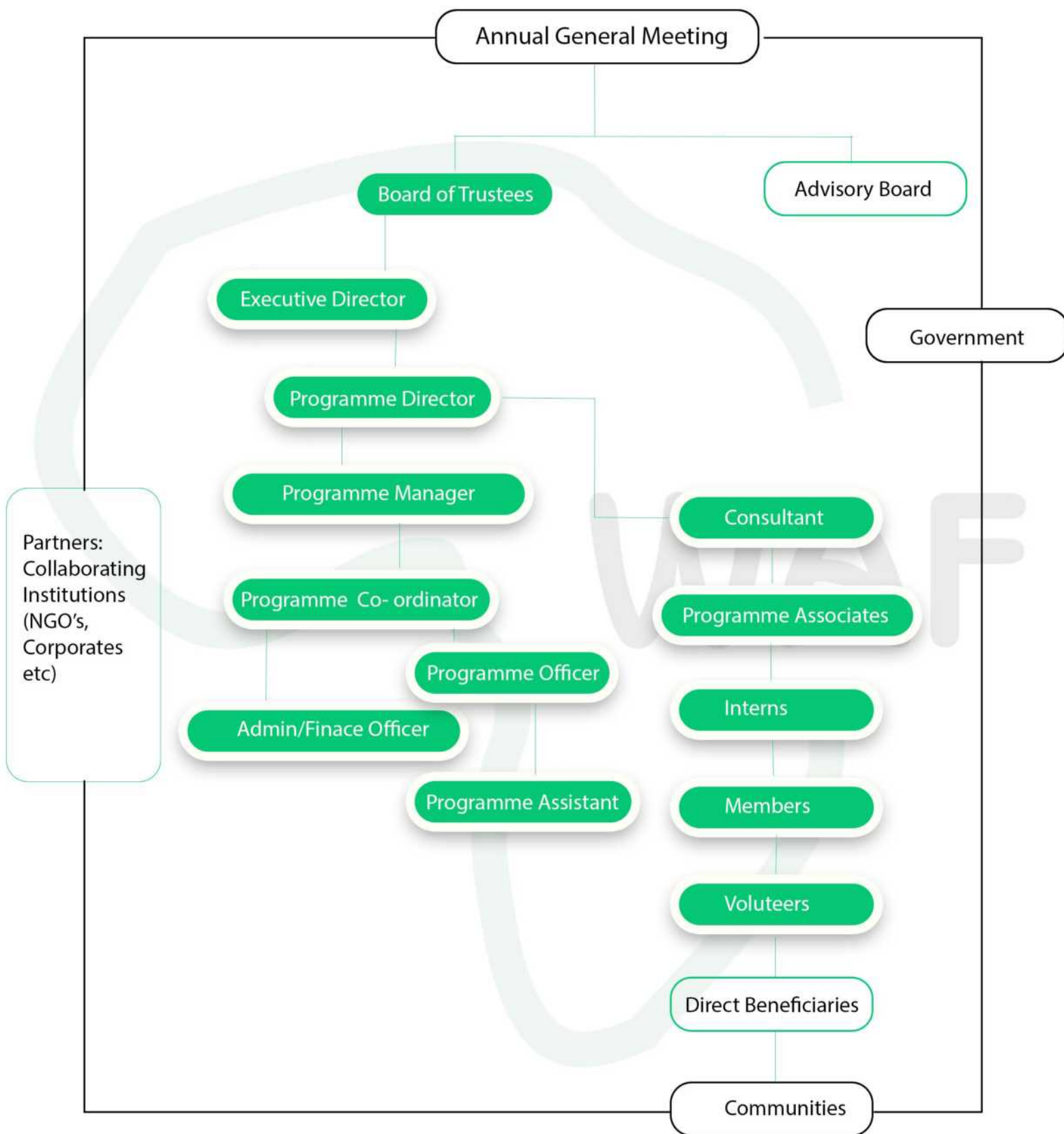
## YOUTHS AGAINST MALARIA held in Yola, Adamawa State

In Collaboration with Adamawa State Ministry of Health (State Malaria Programme);  
NYSC (Medical CDS Group) in Yola; State Malaria Programme and HARAF Foundation.





## Representation of WAF's Internal and External Stakeholders



# LEADERSHIP TEAM

## BOARD OF TRUSTEES



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TRUSTEE



**DR. OMOTOLA AKINMOLAYAN**

PROGRAMME DIRECTOR



**ARIYO OBASA**

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ADMIN/FINANCE



**OWOLABI, FAVOUR FEYISAYO**

YOUTH HUB



**BANKOLE, SAMUEL ADEYEMI**

PROGRAMMES



# THEMATIC AREAS/ PROGRAMMES/ PROJECTS

## Adolescent Health

a) **Breast Cancer Awareness School Outreach (B.C.A.S.O.):** In commemoration of the World Breast Cancer Day, every year, WAF promotes awareness on breast cancer prevention and early detection methods in secondary schools. Among others, the objectives are to increase knowledge on ways to promote good healthy breast, educate on the risk factors, signs and symptoms of breast cancer, as well as demonstrate how to carry out Breast Self-Examination. Since 2021, the BCASO project has benefitted students, teaching and non-teaching staff across 11 secondary schools in Abeokuta. BCASO is annually supported by AXA Mansard Insurance Plc.

b) **Sexual Matters of Adolescents Responsibly Taught (S.M.A.R.T.) Outreach:** WAF speaks to in-school adolescents and youths on sexual and reproductive health issues.

c) **Reusable Sanitary Pad Training:** WAF trains in-school and out-of-school youths on hand-made reusable sanitary pad. Also, WAF trained Environmental Officers of the LGAs in Ogun State through the Federal Ministry of Environment.

d) **S.M.A.R.T. Up Teens Book:** WAF researched and authored S.M.A.R.T. Up Teens, a 14-chapter book with workplan on topical areas of sexual and reproductive health written in a lucid language for adolescents.







## Health Education and Promotion

a) **Alake Adedotun Gbadebo Health Initiative:** Annually, through this initiative (also known as Alake Cares), WAF organises health outreaches in collaboration with the king and paramount ruler of Egbaland, HRM Oba Adedotun Gbadebo CFR. In 2020, handwashing facilities were provided to two schools during the heat of the Covid-19 pandemic.

b) **Community Health Outreaches:** WAF began facilitating outreaches to underserved rural communities in 2019 with the support of kind-hearted individuals and/ or in collaboration with other NGOs, corporate organisations and government agencies. Thus far, WAF has recorded over 15,000 beneficiaries.

c) **Roundtable Dialogue on Community Health:** The Roundtable Dialogue organised annually by WAF is a health platform for key stakeholders, including government, professionals, community etc. to converge and engage on topical issues around community health, especially as it relates to Universal Health Coverage. Since 2020, about 400 community leaders, health professionals and students have participated.

d) **Know Your Status:** Through the grant won from Nigeria Youth Future Funds (NYFF), WAF facilitated the Know Your Status project to different communities, including university campuses across Ogun State. The main objective was to educate communities about HIV/AIDS, Tuberculosis, Hepatitis B & C, and other diseases of public health importance.

## Malaria Prevention and Control

a) **Youths Against Malaria:** Youths Against Malaria is WAF's project to commemorate the World Malaria Day. The goal is to encourage communal participation in suppressing the breeding of mosquitoes, and other disease-transmitting vectors of public health importance, while creating awareness about the role of youths in the global Malaria discourse.



The project was first held this year at Adamawa State in collaboration with the National Youth Service Corps (NYSC), government agencies and a local NGO.

## International Student Exchange Programme

**a) WAF Summer Undergraduate Internship:** In 2021, WAF welcomed a Harvard Undergraduate for the summer internship programme; and in 2022 and 2023, we received four in-person undergraduates from Harvard University, USA.

WAF looks forward to designing more capacity building programmes (Fellowships, Exchange programmes, Linkages etc.) with related local and international organisations, and tertiary institutions.

**b) WAF Conference on Maternal and Child Health:** In August, 2022, WAF held a one-day conference on Maternal and Child Health in collaboration with the Federal Medical Centre, Abeokuta. WAF's 2022 Summer Public Health Intern researched and presented on 'Reducing Preventable Maternal and Under-5 Mortality in Nigeria'. A panel session of seasoned health professionals anchored by FMC Abeokuta Head of Clinical Services held afterwards.

**c) Conference Paper Presentation:** In 2021, WAF virtually presented her first international paper on "Leveraging Traditional Institutions to Enhance Universal Health Coverage (UHC): Case Study of Egbaland, Ogun State, Nigeria" at the Africa Interdisciplinary Health Conference (AfIHC) 2021 held in Rwanda.





## GLOBAL SUMMER GLOBAL HEALTH INTERNSHIP 2022



WAF Team and the Summer Interns (Harvard University, USA) with Dr. Nofu Aigoro, the Ogun State Head of Service



WAF Directors and the Summer Interns (Harvard University, USA) with Prof Adesegun Fatusi (VC, University of Medical Sciences, Ondo State)



WAF Team and the Summer Interns (Harvard University, USA) with Oba Adedotun Gbadebo (Okukenu IV) CFR, the Alake and Paramount Ruler of Egbaland



## WAF'S MATERNAL AND CHILD HEALTH CONFERENCE held at the Federal Medical Centre, Abeokuta





## RURAL HEALTH CARE OUTREACH 2022 at Ayerose Village





**COMMISSIONING OF THE WATER, SANITATION, AND HYGIENE (WASH) PROJECTS AT BAPTIST BOYS' HIGH SCHOOL, SAJE  
AND DANIEL AKINTONDE MODEL SCHOOL FOR CHILDREN WITH SPECIAL NEEDS, ADIGBE SUPPORTED BY THE DIPEOLU  
FOUNDATION AND OTHER KIND-HEARTED INDIVIDUALS**



**Baptist Boys' High School, Saje**



**Daniel Akintonde Model School for Children with  
Special Needs, Adigbe**







**P.A.M.O. HEALTH LEADERSHIP SUMMIT 2023 at Ayerose Village in honour of Professor Adewale Musa-Olomu, the MD of Federal Medical Center, Abeokuta**





## KNOW YOUR STATUS OUTREACH 2023 TO DIFFERENT COMMUNITIES







Through her various initiatives, Wellness Africa Foundation has cumulatively recorded over 20,000 beneficiaries. With your collaboration, partnership, in-kind support, and donations, together we can achieve more



- Naira | Wellness Africa Foundation | **0480873625** | GTBank
- USD | Wellness Africa Foundation | **0715070780** | GTBank

For collaboration, partnerships and other forms of support, kindly contact WAF's Programme Director, Dr. Omotola Akinmolayan on [tola@waf.org.ng](mailto:tola@waf.org.ng) or +2348038112044





## PARTNERS



*...and many others.*



# Thank You

Partners | Sponsors | Supporting Organisations & Individuals | Volunteers | Staff